



February 2019

Perkins County Schools Breakfast & Lunch Calendar



MON	TUE	WED	THU	FRI
				1 Cheese Omelet & Toast
				French Dip Sandwich Au Jus Hashbrown Rounds Pears
4 Egg & Cheese Bagel	5 Pancake Bites	6 Super Slice	7 Uncrustable	8 Scone
Chicken Fajita Spanish Rice HS: Peppers & Onions Elem: Peas Blueberries	Tangerine Chicken Rice Zucchini Coins Pineapple <i>Chinese New Year</i>	Haystacks Churro Broccoli Tropical Fruit	Pig in a Blanket Macaroni & Cheese Peas Melon Mix <i>Elementary No School</i>	<u>Breakfast for Lunch</u> Breakfast Burrito with Sausage, Egg, and Potatoes Fruit Bar <u>No Salad Bar Served</u>
11 Turnover	12 Bagel w/Cream Cheese	13 Smores Stuffers	14 Cinnamon/Sugar Donuts	15 Mini Loaves
Chili Cheese Fries Breadstick California Blend Peaches	Rice Bowl w/Chicken Black Beans Roasted Peppers & Onions Mixed Fruit	Turkey Sandwich Pasta Side Dish Celery w/Peanut Butter Mango	Diced Chicken or Diced Ham Salad Cheesy Breadstick Pineapple <i>valentine's Day!</i>	Spaghetti w/Meat Sauce Green Beans Garlic Toast Diced Apricots
18	19 Pancake on a Stick	20 French Toast Bites	21 Breakfast Pizza	22 Breakfast Burrito
No School Professional Development	Cherry Blossom Chicken Rice Carrots Mandarin Oranges	Hamburger/Cheeseburger French Fries Baked Beans Strawberries	Italian Dunkers Tri Taters Fresh Cauliflower Grapes	Crispitos Taco Fiesta Beans Chips & Salsa Kiwi
25 Biscuit & Gravy	26 Powdered Donuts	27 Muffins	28 Egg-Stravaganza	
Creamed Chicken Mashed Potatoes/Biscuit Corn Pears	Chicken Wrap Chips Cucumber Sticks Banana	Grilled Cheese Tomato Soup Carrot Sticks Applesauce <i>Polar Bear Day!</i>	Homemade Pizza Bell Pepper Sticks Apple Rings	

Reminder: No breakfast is served on Late Start Days
 Breakfast: Cereal, Whole Grain Options, Fruit, Yogurt, Milk, and Juice offered daily
 Lunch: Fruit & Veggie Bar, Whole Grain Options, and Milk offered daily
 ~~~ MENU SUBJECT TO CHANGE WITHOUT NOTICE ~~~  
 This institution is an equal opportunity provider