



March 2019



Perkins County Schools Breakfast & Lunch Calendar

MON	TUE	WED	THU	FRI
				1 PopTart or Cereal Bar and Smoothie
				Pulled Pork Cornbread Muffin Baked Beans Tropical Fruit
4 Super Slice	5 Bacon Breakfast Toast	6 Bagel w/Cream Cheese	7	8
Philly Cheesesteak on a Flatbread HS: Peppers & Onions Elem: Green Beans Pineapple	Chicken Patty Sandwich Chips Carrots Melon Mix	Meatless Nachos Refried Beans Caramel Twirls Cinnamon/Sugar Apples	No School Spring Break!	No School Spring Break!
11 Funnel Cake w/Fruit	12 Breakfast Rounds	13. New Flavors of Scones!	14 Coffee Cake	15 Turnovers
<u>Breakfast for Lunch</u> Brunch Bowls.... Sausage Crumbles Scrambled Eggs Tri Tater Toast Fruit Bar <u>No Salad Bar Served</u>	Chicken/Cheese Quesadilla Queso Dip/Chips California Blend Grapes	Sloppy Joes Crinkle Cut Fries Chuckwagon Corn Kiwi	Chicken Alfredo w/Rotini Garlic Toast Broccoli Peach Cups	Meatless Spaghetti Breaded Mozzarella Sticks Green Beans Blueberries
18 Breakfast Pizza	19. Omelet/Sausage/Toast	20 Muffins	21 Bosco Breakfast Stick	22 French Toast Sticks
Chicken Noodle Soup Un crustables Carrot Sticks Mandarin Oranges	Deli Sandwich Pasta Side Dish Cucumber Sticks Orange Slices	Chicken Nuggets Mashed Potatoes/Gravy Pear Cups	Soft Shell Taco Spanish Rice Cauliflower Apple Rings	Cheese Pizza Bell Pepper Sticks Peaches
25 Pancakes	26 Powdered Donuts	27 Combo Bar	28 Breakfast Burrito	29 Biscuits & Gravy
Hamburger/Cheeseburger Emoticon Potatoes Strawberries	Ham & Scalloped Potatoes Dinner Roll Peas Mixed Fruit	Hamburger Gravy Mashed Potatoes Corn Berry Blend	Cherry Blossom Chicken Rice Zucchini Coins Applesauce	Alaskan Pollock Sticks Macaroni & Cheese Peas Banana
<p>Reminder: <u>No</u> breakfast is served on Late Start Days</p> <p>Breakfast: Cereal, Whole Grain Options, Fruit, Yogurt, Milk, and Juice offered daily</p> <p>Lunch: Fruit & Veggie Bar, Whole Grain Options, and Milk offered daily</p> <p>~~~ MENU SUBJECT TO CHANGE WITHOUT NOTICE ~~~</p> <p>This institution is an equal opportunity provider</p>				

