



October 2018



Perkins County Schools Breakfast & Lunch Calendar



MON	TUE	WED	THU	FRI
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1 Breakfast Pizza Flatbread Pizza Veggie Sticks Strawberry Cups	2 Scone Beef Stroganoff Carrots Red Grapes	3 Breakfast Burrito <u>Breakfast for Lunch</u> Egg Patty Sausage Patty Deli Roaster Potatoes Toast Fresh Fruit Bar Sorry No Salad Bar!	4 Bagel & Cream Cheese Country Fried Steak Mashed Potatoes/Gravy Corn Pears	5 Pancake on a Stick Chicken Patty Sandwich Smiley Fries Melon Mix <i>National Smile Day!</i>
8 No School!	9 Breakfast Cookie Mandarin Orange Chicken Rice Carrots Pineapple	10 Pancakes Chili Cheese Dogs California Blend Berry Blend	11 Super Slice Chicken Wrap Chips Cowboy Caviar Peach Cups	12 French Toast Sticks Breaded Pork Patty Pasta Side Dish Green Beans Green Grapes
15 PopTarts Chicken Alfredo Broccoli Mandarin Oranges	16. Cheese Omelet & Toast Super Potato Ole' Rice Tropical Fruit	17 Mini Loaves Grilled Cheese Tomato Soup Veggie Sticks Mixed Fruit	18 No School!	19 No School!
22 Turnovers Beef Fajitas Elem: Zucchini HS: Peppers & Onions Kiwi	25 Muffins BBQ Pork Sandwich Peas Banana	24 Waffles Haystacks Spanish Rice Fresh Cauliflower Mango	25. Cinnamon/Sugar Donuts Chicken Noodle Soup Uncrustable Celery Orange Slices	26. Yogurt Crunch w/Berries Grilled Ham & Cheese Chips Fresh Broccoli Cinnamon/Sugar Apples
29 Combo Bar Hamburger/Cheeseburger Crinkle Cut Fries Blueberries	30 Mini Johns Popcorn Chicken Bowl with Mashed Potatoes/Gravy Corn Fruit Cocktail	31 Cereal Bar & Smoothie Zombie Brains (Pizza Bake) Worms (Breadstick) Pumpkin Fingers (Carrot Sticks) Slime (Applesauce) Happy Halloween!		

Reminder: No breakfast is served on Late Start Days

Breakfast: Cereal, Whole Grain Options, Fruit, Yogurt, Milk, and Juice offered daily

Lunch: Fruit & Veggie Bar, Whole Grain Options, and Milk offered daily

~~~ MENU SUBJECT TO CHANGE WITHOUT NOTICE ~~~

This institution is an equal opportunity provider